

## **PROFESSIONAL INFORMATION**

### **SCHEDULING STATUS:**

Unscheduled

### **PROPRIETARY NAME AND DOSAGE FORM:**

RUMAMEND cream

### **COMPOSITION:**

The active substances are Geranium oil, magnesium chloride and castor oil.

The other ingredients are emulsifying wax, cetearyl alcohol, C12-13 Pareth-4, PPG-5-Ceteth-20, glycerine, polyquaternium-37 (and) hydrogenated polydecene (and) trideceth-6, polyoxyethylene (75) lanolin, 2-phenoxyethanol, sorbitan monooleate, butylated hydroxytoluene and purified water.

### **CATEGORY AND CLASS:**

D 34.13 Other

Complementary Medicine: Health Supplement.

**This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.**

### **PHARMACEUTICAL ACTION:**

RUMAMEND cream is intended to aid with mobility and painful muscles and joints.

**INDICATIONS:**

RUMAMEND cream can aid with mobility and muscles and joints. Due to its anti-inflammatory and analgesic properties it may also reduce pain and inflammation due to sunburn.

**CONTRA-INDICATIONS:**

- If you are hypersensitive (allergic) to any of the ingredients of RUMAMEND
- If you have hypersensitive skin
- On open wounds or any areas where it may irritate mucous membranes

**WARNINGS AND PRECAUTIONS:**

Take special care with RUMAMEND:

- Excessive sunburn where blistering and open wounds may be present.

**INTERACTIONS:**

Avoid applying this cream in conjunction with any other preparations to ensure that the best results are achieved.

**HUMAN REPRODUCTION:**

Safety during pregnancy and breastfeeding has not been established. Do not use RUMAMEND during pregnancy or breastfeeding.

**DOSAGE AND DIRECTIONS FOR USE:**

Apply 2-4 hourly to joints and muscles for improved mobility. It should be noted that this cream should be massaged deep into the skin to avoid irritation. Not to be used on open wounds. For external use only.

**SIDE EFFECTS:**

RUMAMEND may cause the following side effects:

Skin irritation, redness, minor rash or itching may occur. Mucous membranes such as the eyes, nose and mouth should be avoided.

**IDENTIFICATION:**

RUMAMEND is presented as a white cream with a distinct Geranium scent.

**PRESENTATION:**

Available in tubs of 50g and 125 g.

**STORAGE INSTRUCTIONS:**

- Store at or below 25 °C
- Protect from direct sunlight and moisture
- STORE ALL MEDICINES OUT OF REACH OF CHILDREN
- Do not use after the expiry date stated on the outer packaging
- Return all unused or expired medicine to your pharmacist.
- Do not dispose of unused or expired medicine in drains or sewerage systems (e.g. toilets).

**Registration number:**

To be allocated by Council upon registration.

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF****REGISTRATION:**

Loock Pharmaceuticals (Pty) Ltd

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**DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION:**

Not registered

**Complementary Medicine: Health Supplement.**

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